

Preparation zone

Indwelling urinary catheterization

Using Surgical-ANTT



Prep patient

Apply waterproof pad & gown

Ask patient to lift gown pre step



Clean hands with alcohol gel or soap & water



Clean trolley according to local policy



Gather equipment onto bottom shelf



Apply apron & Clean hands



Open catheter pack Prepare a Critical Aseptic Field (Sterilized drape) & position waste bag



Open equipment onto the Critical Aseptic Field using non-touch technique (NTT)



Clean hands & Apply sterilized gloves



Prepare equipment using NTT



Apply aseptic field drapes over genitals & between legs



Patient zone

Clean urethral orifice with normal saline & gauze

Decontamination zone



Dispose gloves & Clean hands & apply sterilized gloves



Apply lubricant & Insert catheter using NTT by touching only the plastic wrapping



Inflate balloon using NTT



Attach collection bag using NTT



Dispose of waste & gloves then apron and immediately...



Clean hands with soap & water



Clean trolley according to local policy



Clean hands with alcohol hand rub or soap & water