



Family Nursing
& Home Care

Start well, live well, age well

2022 Impact Report



Who We Are



Family Nursing & Home Care

Family Nursing & Home Care (FNHC) is a Jersey charity. Our 174 staff provide or support the provision of essential community healthcare services to islanders as close to home as possible. We deliver care in peoples homes, in schools and in community clinics. Our ethos is to help islanders to start well, live well and age well.



Rapid Response and Reablement Team members outside Le Bas Centre in January 2023.



Services provided by FNHC for the benefit of islanders

Child and Family Services (pages 8-11)

Provide antenatal support, host Baby Steps classes, provide a universal Health Visiting Service, provide School Nursing and support children with life threatening conditions.

District Nursing and Clinical Nurse Specialists

(pages 12 & 13) Provide specialist healthcare as close to islander's homes as possible.

Home Care Services (page 14 & 15)

Offers care and support within the home to individuals who due to illness or disability are unable to sustain their desired level of independence.

Rapid Response and Reablement Team (pages 16 & 17)

Respond to acute illness at home, helping people avoid being admitted to hospital.

What we achieved in 2022



Our staff provided 42,015 hours (4.8 years) of face to face contact



3,138 patients were seen by our District Nurses



Our District Nurses managed 4,983 referrals



Our Health Visitors made 3,083 contacts with young families for development checks



671 new parents were enrolled on a Baby Steps course



Our Home Care staff provided 10,573 hours of care



Our Home Care team FTE's grew by 55.4% last year



Our Rapid Response and Reablement Team responded to 1,237 callouts



Our Rapid Response and Reablement Team responded to 89% of call outs within 2 hours



100% of the islanders who completed a patient experience survey would recommend us

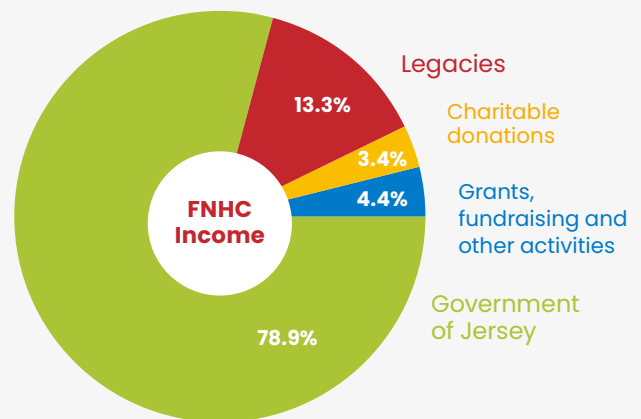
Maximising Our Impact

A value for money service for islanders

FNHC exist to provide the best possible healthcare to islanders. We aim to provide an efficient service that maximises positive health outcomes for islanders.

In 2022, FNHC received 78.9% of its income from contracts with the Government of Jersey. In 2022, FNHC supplemented its income through legacies (13.3%), charitable donations (3.4%), and with grants, fundraising and other activities (4.4%).

We are grateful for all the donations we receive (page 20) and encourage everyone to support us with our fundraising efforts. For full transparency, our financial accounts are publicly available on our website and are independently audited by Alex Picot Chartered Accountants.



Community Healthcare funded as a result of our fundraising and charitable donations

Our charitable income pays for a Paediatric Palliative Care Worker, a Falls and Frailty Specialist Nurse, Child Accident Prevention (CAP) coordinator and two additional staff to run the 24 hour overnight service.

Additionally, charitable income is used to pay for training, nursing equipment, building maintenance, development of our services to align to regulatory and governance requirements, IT modernisation and community consultation and engagement events.



Our Committee shape our future

Our Committee are critical to our success as a charity, they donate their time, experience and expertise to help shape and lead the charity. Throughout 2022, the Committee have played a major role on a range of aspects of the business ranging from governance, financial oversight, supporting the strategic direction and developing the profile and recognition of the charity.

The early completion of the 2018 to 2023 strategic goals has meant that the Committee have already started overseeing the delivery of the 2024 to 2029 strategic goals. In recognition of this, Committee membership is going through a period of renewal, bringing on-board the necessary skills and new energy to support the organisation as it moves into the exciting roles in the island's future healthcare system.



“ Being part of the Committee for an organisation such as FNHC is both an honour and privilege. Working alongside such professional teams that deliver such vital services to so many people on our island is truly rewarding. ”

– Phil Romeril, Chair of the Committee.

Foreword

Last year, Family Nursing & Home Care saw a 10.5% increase in the number of hours of face to face contacts. In 2022, Family Nursing & Home Care accounted for £9.3 million (4.14%) of the overall Government of Jersey Health and Community Services budget of £225.79 million. At the start of 2022, FNHC employed 157 permanent members of staff, which is equivalent to 6.3% of the 2,475 staff employed by Health and Community Services.

In 2022 our diverse charity covered a wide range of services, from those targeted at people living with complex health and care needs – such as District Nursing and palliative care, end of life, urgent community care, care services, – to health promotion services – such as School Nursing and Health Visiting. Our important Impact Report shows how Family Nursing & Home Care community health services played a key role in keeping people well, treating and managing acute illness and long-term conditions, and supporting people to live independently in their own homes. Our services are delivered in a wide range of settings – including in people's own homes as well as in community clinics, community centres and schools – so are less visible than many health services.

Every day of the year, we are striving to deliver high quality services to our valued patients and clients and to provide an outstanding environment for our team members to continuously learn and grow. We strongly believe in our ability as a community health service to make a positive difference to islanders enabling them to start well, live well and age well.

This year we have provided more support than ever before in our 115 year history across a range of needs and age groups. Our services are most often used by children, older people, those living with frailty or chronic conditions and people who are near the end of their life. Our services regularly support people with multiple, complex health needs who depend on many health and social care services to meet those needs.

We therefore work closely with other parts of the health and care system, such as GPs, our hospital, pharmacies and care homes. The increasing numbers of people living with long-term conditions means that more people will need care from community health services in the future. This all means that we need to grow our services to help us deliver the best possible healthcare for our patients in the future.

Community healthcare services are central to plans for the future of the health and care systems around the world and Jersey should be no different. The ambition to deliver more and better health services in the community is not new, you will have heard the slogan 'more care, closer to home' for years.

“ This year we have provided more support than ever before in our 115 year history across a range of needs and age groups. ”

But despite our vital contribution, community healthcare services are poorly understood and recognised (even in Jersey) compared to other parts of the health care system and we are doing everything we can at Family Nursing & Home Care to spread the word about their importance and to engage you in developing and extending community health services across beautiful Jersey. Please do come along to one of our Community Health Care – Have Your Say events and let us know your thoughts.

We are incredibly grateful to all of you who have supported the charity this year in whatever capacity but particularly to our fantastic Committee, staff and funders. Your support is giving islanders of all ages the very best possible chance of a more independent and healthy future. Please continue to support us in the years ahead to enable us to support Jersey.

Rosemarie Finley
Chief Executive – FNHC

“ Your support is giving islanders of all ages the very best possible chance of a more independent and healthy future. ”



Child and Family Services

Baby Steps

Baby Steps is a six week course offered to all future parents. Parents are taught about their babies development, what to expect when they give birth and how to care for their new baby. Baby Steps supported 671 parents last year.

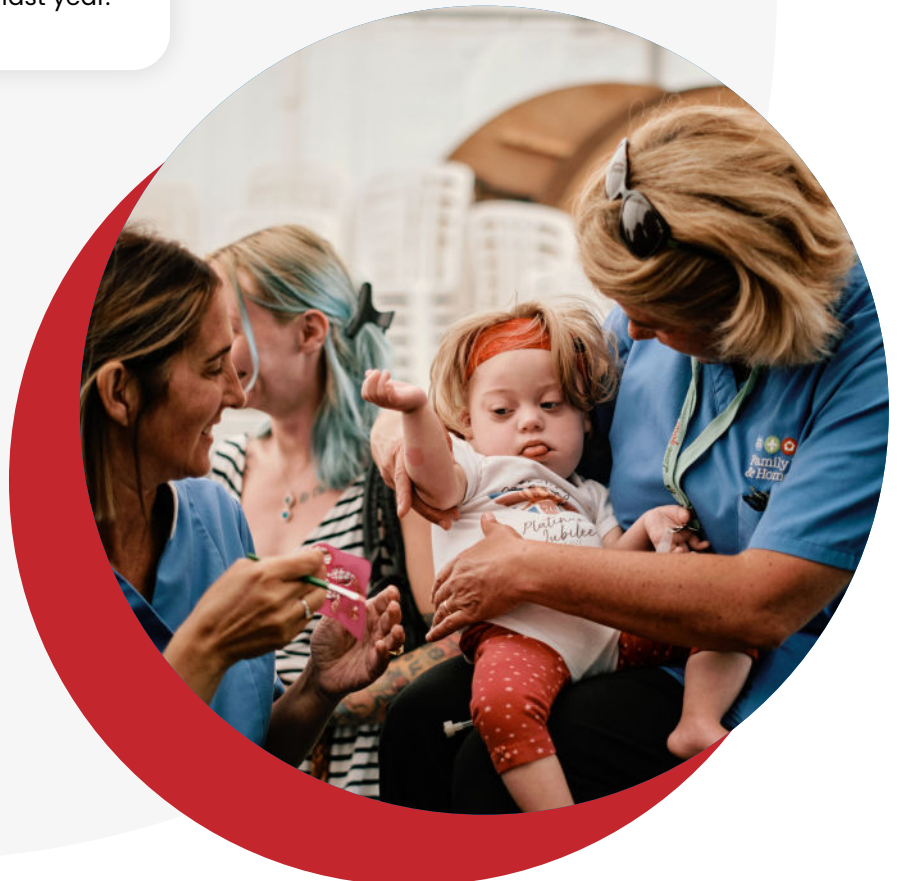
MECSH

MECSH is offered to parents who need a little extra help to ensure their child has the best possible start. Parents are visited nine times in the first three months after their baby is born and then less frequently until their child reaches two years of age. 189 families received MECSH support last year.

Health Visitors

Health visitors offer regular health check-ups to all young children. They provide support with breastfeeding, healthy nutrition, common illnesses and infections, language development and any potential behavioural difficulties. Last year our Health Visitors made 3,083 contacts with families.

Our Health Visitors host child health clinics around the Island, three times each week. Last year we introduced a pilot in nurseries for health and development check ups for 3 year olds. In 2022 FNHC was awarded a Stage two accreditation by UNICEF as part of their Baby Friendly Initiative.



Patient Stories – MECSH

Parents in Jersey have the highest praise for our MECSH support service.

"The coping strategies were invaluable."

"A space of calm in which I could talk openly."

"I feel I have truly begun my healing process."

"I felt really supported and my feelings were validated."

"Home visits were more relaxing and safe for me, I felt too anxious and overwhelmed to get to my GP."

"I had a lady called Nicky in MECSH who saved my life. She helped me understand I was ok, and gave me tools to cope with anxiety. But mostly she just listened, that worked best. I don't think I would have made it through without her."

"I felt very supported with positive, helpful tools."

"I am very pleased to have had a chance to use this service."

"I feel without the home visits I wouldn't have been able to get the help for my mental health that I needed."

"I felt like I had a safe space to talk and share my feelings for the first time."

"Every session there were new ideas and techniques for me to put into practise to help me in day to day life."

Child and Family Services

Patient story – Sophia Ahier

Sophia Ahier is almost three years old and has been under the care of the FNHC Children's Community Nursing Team (CCNT) since she was just a few months old. Sophia spent the first week of her life in the Jersey Neonatal Unit where she received two blood transfusions due to her complex medical needs. At seven days old she was transferred to Southampton General hospital and then Great Ormond Street Hospital so she could get the specialist care she needed. At six weeks old Sophia underwent open-heart surgery in Southampton. At three months old, Sophia returned home to Jersey where CCNT were able to help with her medical needs and support her family. Sophia is now almost three years old and loves it when the nurses visit her. Sophia is a happy bubbly little girl and has done brilliantly against the odds.



“Over the past three years, CCNT have offered their care and support to Sophia and our family. The care that Sophia has received throughout her life has been amazing. We could not have wished for better care for our little girl. A massive thanks to FNHC for always being there for us when we need it, which over the past three years has been a lot! We could not have done her medical care at home without them.”

School Nurses

School Nurses are specialist practitioners who act as health promoters and health educators in schools. Each school in Jersey has a designated School Nurse. Additionally, two nurses are permanently based at Mont à l'Abbé School. School Nurses work with children to understand their individual needs, meaning there is a breadth to their work. They help children with diet and nutrition, those with hygiene problems and those requiring assistance with continence issues. They manage referrals related to sexual health, mental health and any new conditions children may develop. An important development in School Nursing last year was the introduction of drop in clinics in schools. The School Nurse Team also runs the Child Measurement Programme in Jersey.

Children's Community Nursing Team (CCNT)

CCNT look after children who are acutely unwell, children who have recently been discharged from hospital and children with complex long term needs who require community care. CCNT facilitate access to education and school for these children. Last year 354 children and their families were supported through CCNT. CCNT also provides palliative care and support to children with life limiting or life threatening conditions.



Child Accident Prevention (CAP)

CAP is a multi agency partnership led by FNHC that runs child friendly information sessions in schools to raise awareness on a number of safety topics. Last year 4,035 children attended a CAP session.

District Nursing

Our District Nursing Service

District Nurses provide support to islanders over 18 years old with the aim of preventing the onset and shortening the duration of illnesses. District Nurses provide care in homes and community clinics. District Nurses develop individualised care plans underpinned by shared care with the aim of meeting the patient's desired outcomes.

District Nurses work closely with islanders so that where possible they are capable and confident to manage their own care. By advocating for patients to manage their own care, District Nurses enable patients with long term conditions to live as independently as possible.

The 49 member District Nursing Team includes Senior Healthcare Assistants and a number of specialist nurses at the forefront of specialist community care. In 2022 our District Nurses assisted 3,138 islanders. To be treated by a District Nurse, islanders need to be referred by a health or care professional such as a hospital clinician or GP.

Experts in palliative care

Being responsible for delivering the very best end of life care for patients in Jersey is a privilege for our District Nurses. They listen to patients and their families and work with them to ensure their wishes are respected and they are involved in all decisions regarding their care. District Nurses have extensive experience of palliative and end of life care. They work with other professionals within the Gold Standard Framework to support patients and their families. They ensure those reaching end of life receive expert compassionate care.

In 2022 our District Nurses assisted 3,138 islanders.

Highly skilled health practitioners

As highly skilled health practitioners, District Nurses provide care for a wide range of conditions and illnesses.

- They offer support and advice to reduce the risk of developing pressure ulcers.
- They help with continence issues including assistance with catheters.
- They administer medication via specialist routes.
- They support patients with COPD, heart disease and diabetes to live well.
- They manage complex wounds.



Ann Morgan our Clinical Nurse Specialist for falls and frailty.



Patient story – June Harris

June underwent surgery for an abdominal infection in 2021. When June was discharged from hospital her wound recovery was managed by FNHC. This is what June had to say about her care from FNHC.

“The lovely ladies from FNHC put me straight at ease by getting to know me on the very first visit. They made sure I was comfortable with everything before quickly getting to work replacing my dressings. They let me know about upcoming visits and gave me numbers which I could call anytime with problems or worries.

The team were always so professional and nothing was too much trouble. Gilly, Anne, Michelle and Ali became a big part of my life during the months I spent at home, they always kept my spirits up with their humour during their visits. They became my living angels and that’s how I described them to my friends and family.”

“ I honestly don’t know where I would be without FNHC. District Nursing are such an important part of the community for so many people. I am so grateful to FNHC who were there for me in my hours of need. ”

Impact and leadership on the national stage

Fiona is a Clinical Nurse Specialist for Bladder and Bowel Care in our District Nursing Team at FNHC. Fiona represents FNHC at a national level as the Chair of the Royal College of Nursing (RCN) Bladder and Bowel Forum. RCN forums contribute to the professional voice of the RCN by developing policies, guidance and standards as well as leading and participating in research. Forums provide an expert clinical view to government and external stakeholders.

This year Fiona presented to over 200 health care professionals at the RCN Congress and to 100 Continence Nurses at the Bladder & Bowel UK Symposium. In November she represented FNHC at a meeting for the All Party Parliamentary Group (APPG) for Bladder and Bowel Continence Care at the Houses of Parliament. Fiona wants the forum to reduce continence related embarrassment and social isolation around issues by improving support in the UK and Jersey.



Home Care

Our Home Care service

Family Nursing & Home Care (FNHC) provides an independent Home Care service which has been operating in Jersey for over 50 years. We support islanders over the age of 18, to maintain their health, wellbeing and independence and to remain in their homes for as long as possible. FNHC's Home Care service offers care and support within the home to individuals who due to illness or disability are unable to sustain their desired level of daily living without assistance. FNHC's Home Care service is provided by a team of highly skilled carers, led by an experienced manager.

- Our Home Care team services the entire island and will do multiple visits out to patients throughout the day as needed.
- Our Home Care service primarily benefits patients who require long term care, Last year 74% of our patients were receiving long term care allowance.
- Our Home Care team will visit islanders until 8pm to help them with dinner, medications and getting ready for bed.
- Our Home Care team can turn to our District Nurses for help with challenging health issues.
- Our Home Care is fairly priced so that we can provide a good wage for staff and good value for patients.
- Our Home Care team are all on a skills pathway as part of our commitment to investing in the team.

“Dora goes over and above what she needs to do. She is more a friend than a carer.”

– Josephine and Kenneth Bougourd



Growing the Home Care team

There are currently 16 staff in our Home Care team. We know more people in Jersey need good affordable Home Care. To help meet this demand we are aiming to further expand our Home Care Team in 2023. A key part of this growth plan involves offering all staff the opportunity to advance in their career as a carer. We wish to congratulate Carla Dos Santos on obtaining her RQF Level 3 diploma in Adult Care and Carla De Freitas on obtaining her RQF Level 2 in Adult Care.

Hospital discharge bridging service pilot

In 2022 our Home Care team partnered with the hospital in piloting a new hospital discharge service. This discharge service aimed to “bridge the gap” between care at the hospital and care at home. In 2022, FNHC provided 6 weeks of post discharge care to patients on the pilot.

It was found that there are many barriers preventing medically fit patients from being discharged by the hospital in a timely manner. Whilst the pilot was not renewed into 2023, FNHC are still extremely proud of the hard work done by our Home Care team. FNHC feel that this was a valuable and cost effective service so were disappointed at the decision not to renew the pilot. All patients were satisfied with the discharge service, with 77% extremely and 23% likely to recommend the service. A number of lessons were learnt about how to improve hospital discharges which will be taken forward as part of any future strategy.

“ They have treated me really well. I appreciate their patience, and how they understand that it takes me a while to get going in the mornings and how they let me go at my own pace. ”

Patient story – Benji

Benji came into the care of FNHC when he was discharged from hospital in December 2022. Benji had just spent several months in hospital following an accident. When Benji first found out he would be receiving Home Care from FNHC he was unsure what to feel as he found the idea of people he had never met before coming into his house slightly daunting. To Benji, Home Care seemed very different from the support he had received in hospital. However as soon as he met the carers he had positive interactions, and his mind was rapidly put at ease.

Our carers visit Benji in the late morning and help him with his morning routine, helping him get ready for the day ahead. Benji says that without our service his morning routine would be much more tedious and drawn-out, he thinks that would be frustrating and stressful and would have a knock-on effect on his recovery. Benji has been pleasantly surprised by the service and enjoys interacting and chatting with staff. Benji appreciates the fact that staff have a professional standard of conduct, but they also speak to him as just another person would, this helps him gain a sense of normality.

Over time our Home Care staff have helped Benji readjust to home life and have helped him create the skill set he needs to live at home again. Benji feels that being able to stay at home in familiar surroundings helps with his recovery. Benji values the support he has been given by FNHC to overcome his physical challenges which would otherwise stop him living a life that he is used to. He would definitely recommend us.



Rapid Response and Reablement Team

Our Rapid Response and Reablement Team (RRRT)

Our 18 member RRRT operate a time-limited healthcare management service and a hospital discharge and home recovery service.

The Rapid Response component of the RRRT involves responding promptly to acute, crisis and reablement episodes of care which do not typically require hospital admission. The Reablement component of the RRRT involves supporting hospital discharges and care transfers into the community, this gives patients the opportunity to recover at home.

Our RRRT operate in islander's homes, places of residence or clinical settings. Our RRRT are usually only involved with a patient for three days and up to four weeks for reablement.



“ I truly have to say this was certainly the very best service of health care I have ever received since living in Jersey for 42 years. A very big thank you. The kindness and efficiency of the team was almost unbelievable in every way. ”

An integrated approach

Our RRRT receive phone referrals from healthcare professionals across the island; 24 hours a day, seven days a week. Our RRRT may receive a referral from any individual with a clinical or social need that the team can support with a short term intervention. To operate as a successful and cost effective crisis management service, once patients have been treated by our RRRT they are referred back to the best service that can serve their needs. By working closely with Jersey General Hospital, GPs, FNHC District Nurses, Care Homes and other healthcare providers, RRRT connects up and operates as part of a much larger multidisciplinary team.

A diverse team of professionals

The RRRT is made up of highly skilled professionals including Trainee Advanced Clinical Practitioners, Mental Health Nurses, Senior Community Nurses, Physiotherapists, Occupational Therapists, Social Workers, Therapy Support Workers and a variety of support workers. A team with diverse healthcare backgrounds is essential to the success of the RRRT as it means they are well placed to provide the right services the first time.

“ The service provided by the Rapid Response Team can best be described as excellent in all respects. In addition to the high standard of professional treatment the team provided support, to all members of the family which was fantastic and greatly appreciated. ”

Four levels of services

Level 1: Acute illness

Level 2: Crisis management

Level 3: Reablement

Level 4: Mental health prevention – pre crisis support for over 65 year olds

“ All members of the staff that visited were very professional and caring and gave me complete confidence in their care. ”

Getting treated by Rapid

RRRT respond to patients with varying needs. One recent elderly patient fell in a Care Home at night. RRRT arrived shortly after and performed a musculoskeletal assessment. RRRT determined that whilst the patient had suffered an injury, an immediate emergency department admission was not needed. Home Care staff were advised to contact the GP if the patient's condition worsened. RRRT made an appointment for the patient to have an X-ray at the emergency department the next morning. After the X-ray, the patient was referred back to the RRRT Physiotherapist who was able to work with them on a home exercise programme. Patient journeys like this demonstrate a whole system approach and collaborative working to ensure patients remain at the centre of care. Through the reablement programme they were able to return to pre-fall functioning. The skills of RRRT allowed for a prompt and thorough assessment, provisional diagnosis, risk management and clinical decision making and provision of patient centred care that allowed the patient to be involved in the decision making process.

Staff training and Achievements

Training at FNHC

At FNHC we know that well trained staff are the key to delivering the highest quality care to patients. FNHC registers staff on more than 50 courses, many of which are organised internally including by our specialist nurses. FNHC works collaboratively with a number of partners including Jersey General Hospital, Jersey Hospice, MIND Jersey, Jersey Recovery College and the Safeguarding Partnership Board to offer shared training opportunities. All new clinical staff are required to complete at least 40 hours of training plus any additional role specific training. All staff have continuous personal development plans so that they can learn new skills and refresh old ones. In our most recent staff survey 96% of staff said they had the skills needed to do their job and 82% of staff were satisfied with training opportunities at FNHC.



Polly Axford during an FNHC training session.



Ali (right) receiving the William Glasston award from Phil Romeril (left) at our annual staff wards in November 2022.

Celebrating achievements

At FNHC we want to celebrate all the great work done by our staff. This year Ali Blaine was awarded the William Glasston award for making a valuable contribution to FNHC. Ali has shown courage and confidence whilst undertaking her District Nursing duties, her undertakings will enhance her practice but also the future of Family Nursing & Home Care. Ali is a fantastic ambassador for the organisation and shows great team working. She is always willing to help and support her colleagues.

Academic Excellence

We are immensely proud of our specialist nurses Gilly and Fiona who have recently published in the British Journal of Nursing and the British Journal of Community Nursing. FNHC will endeavour to publish more of our pioneering work in the coming years.

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- Ber, F.L., 2021. Novel stoma appliances to minimise complications and improve patient outcomes. British Journal of Nursing, 30(16), pp.S4-S10 : doi.org/10.12968/bjon.2021.30.16.S4
- Brown, S. and Glendewar, G., 2019. Portable negative pressure wound therapy: a case study of a patient treated in the community in Jersey. British Journal of Community Nursing, 24(Sup6), pp.S6-S10 : doi.org/10.12968/bjcn.2019.24.Sup6.S6

In 2022 training across all clinical teams covered:

- Aseptic non-touch technique
- Assure Incident Reporting
- Basic Life Support & Anaphylaxis
- Bowel Care and Digital Rectal Skills
- Burns training
- Capacity and deprivation of liberty
- Catheter Best Practice & Continence
- Communication & De-escalation
- Conflict Resolution
- Continence Care
- Chartered management Institute
- Customer care
- Delegation & Accountability
- MSc BSc degrees
- Early Trauma and the Art of Repair
- Equality, Diversity & Human Rights
- Epilepsy Awareness & Buccal Midazolam
- First aid and Basic life support
- Fluids and Nutrition
- Food Hygiene
- Glucometer
- Healthy child programme
- Infection Prevention & Control
- Intravenous Drug Administration
- Information Governance
- Jersey's Children First - Multi-Agency Training Programme
- Leg Ulcer Management
- Lone worker
- Maternal Early Childhood Sustained Home-Visiting (MECSH) Programme
- Medication Awareness and Management
- Mental Health, Dementia and Learning Disabilities
- Mental Health First Aid
- National early warning score assessment
- Neurodevelopmental Disorders & Family Law Training Day
- NSPCC Baby Steps Programme
- Percutaneous endoscopic gastrostomy (PEG) feeding
- Pressure Prevention
- Professional writing and recording
- Record keeping
- Level 3 medicines management
- Safeguarding
- Safe Moving & Handling
- Sepsis
- Specialist nurse training
- Stoma Care
- McKinley syringe driver
- UNICEF Baby Friendly Initiative
- Weighing and measuring
- Working in a person centred way, privacy & dignity
- Wound care
- Venous Blood Sampling & Cannulation
- Venepuncture & Intravenous Cannulation

Thanks

Our many funders and corporate sponsors in 2022

We look forward to working with the Government of Jersey to deliver community care and help islanders start well, live well and age well in 2023.

We would also like to thank the incredible charitable trusts and grant giving bodies who donated £403,000 and £24,000 respectively to us in 2022.

Outstanding contribution to community health

Jenny Querns is the Head for Safeguarding at FNHC; arguably the most important position in the organisation. In this role, Jenny has made an outstanding contribution to FNHC and community health in Jersey.

Jenny always makes time to really listen to staff and their concerns. When discussing concerns she always makes sure to focus on the adult or child at risk, and encourages staff to consider what life is like for the person at risk and whether that is good enough.

By sharing her extensive knowledge and expertise in safeguarding, Jenny has ensured that all staff at FNHC are equipped to deal with safeguarding issues.

Jenny also supports staff who are feeling anxious, helping them recognise that she is there to support them and that none of our staff practice in isolation.

Jenny represents FNHC in the safeguarding arena and has never been afraid to challenge others when she feels that services in Jersey are not focussing on adults at risk and children's needs. Jenny has always made sure that safeguarding is top of the agenda at FNHC.

Jenny is retiring in 2023 but her passion for achieving the best outcomes for those at risk will endure. Thank you Jenny from your family at FNHC.



Community contributions

FNHC's charity work is heavily dependent and supported by islanders' donations. Support from the community helps us to continue to provide the best possible care with dignity at the core of our service.

FNHC raised a total of £182,000 through general fundraising activities last year.

We received £1,576,000 from islanders leaving legacies in their wills.

Meet our Committee



Philip Josue Romeril



David Ogilvie



Philip Cameron Taylor



Cirsty De Gruchy-Moseley



Peter Wright



Paul Harben



Christine Blackwood

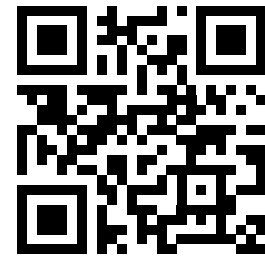


Alan Merry

“As Chairperson, I would like to thank the Committee team for the energy, time and effort given freely on behalf of the organisation and recognise the vital role they all play in the success of FNHC in delivering the extensive ranges of services to islanders across our island.”

– Phil Romeril, Chair of the Committee

Get involved and donate



We recognise that everyone can help in different ways.

[Scan to donate](#)

Legacies

Please think of us when you are planning your future. Leaving a legacy or gift in your will to FNHC is a really impactful way of helping our charity.

Monthly donations

Monthly donations by direct debit are a key part of our charitable income.

Draw Club

You can enter our Draw Club for the chance to win cash prizes on a monthly basis whilst supporting the charity's fundraising efforts.

fnhc.org.je/support-us/shop/draw-club

Raise money for us

If you are entering a team for the Jersey Marathon or are embarking on a sponsored trek, cycle or adventure, then we would love for you to consider FNHC as the recipient of your fundraising efforts. For more info please get in touch with our fundraising department at fundraising@fnhc.org.je.



Events

We host a number of fundraising events including our Colour Festival and Golf Day events. You can also join us at our Community Health - Have Your Say events.

Share our news

Living on a small island means that news travels fast! Please help us communicate what FNHC does in the local community with your family and friends.



Join our events

Colour Festival 20th May 2023

The FNHC Colour Festival is a celebration of Life for the whole family. The festival includes a 5km colour run (or walk) and DJ on the beach at St. Helier. For the colour run, participants pass through eight colour stations where they are showered with different coloured environmentally friendly coloured powdered paint all whilst raising funds for FNHC! We would like to give a big thanks to Appleby, Jersey Freemasons, Stonehage Fleming and Viberts for sponsoring the Colour Festival in 2023.



Golf day 22nd September 2023

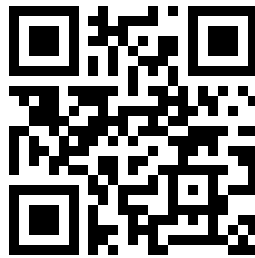
The FNHC Golf Day is a team fundraising event that raises general funds for FNHC. Hosted by La Moye Golf Club, 24 teams of 4 play a friendly but competitive round of golf. There are prizes up for grabs for the best team and lunch is provided for all teams. There is also a charity raffle and auction. Last year our Head of District Nursing Tia Hall was our guest speaker. We would like to give a big thanks to Grant Thornton for sponsoring the Golf Day in 2023.



Donations

We need your support to help us provide the vital Healthcare Services we offer. A donation, however big or small can make a huge difference.

fnhc.org.je/support-us/donate



Thank you to all our generous partners, sponsors and donors.



Family Nursing
& Home Care

Start well, live well, age well

fnhc.org.je

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