

Family Nursing & Home Care Patient Participation & Consent Agreement - Remote Monitoring Programme

1. About this service

You are being offered the opportunity to take part in a remote monitoring programme delivered by Family Nursing & Home Care (FNHC).

Remote monitoring uses simple digital equipment and an app to help you (or someone supporting you) share health information with the FNHC remote monitoring team. This information is used to support your care alongside your existing services.

Taking part in this service is voluntary.

2. Cost of the service

There is no cost to you for taking part in remote monitoring.

FNHC will provide, for the duration of your participation:

- the remote monitoring service
- any equipment needed
- access to the monitoring app

You will not be charged for using this service.

3. Your usual care continues

Remote monitoring does not replace your usual care.

You should continue to:

- contact your GP as you normally would
- attend planned appointments
- follow advice already given by your healthcare professionals

Remote monitoring is not an emergency service.

If you feel unwell, your symptoms worsen, or you are worried about your health, you must:

- contact your GP, or
- attend the Emergency Department, or
- call emergency services

Do not wait for the remote monitoring team to contact you if you feel unwell.

4. How monitoring works

The FNHC remote monitoring team will review the information you submit as part of this service.

Please be aware that:

- the service is not monitored continuously
- information is reviewed during set working hours
- information may not be seen immediately after it is submitted

This means the service cannot be relied upon for urgent or emergency situations.

5. What you are agreeing to do

By taking part in remote monitoring, you agree to:

- use the equipment as explained to you
- submit health readings or information as agreed, where possible
- allow a carer, family member, or care professional to help you if needed

You will also be asked to sign a separate Remote Monitoring Equipment Handover Form, which explains how to care for the equipment while it is on loan to you.

6. Equipment

Any equipment provided:

- remains the property of FNHC
- is loaned to you for the duration of remote monitoring

Details about equipment use, care, and return are set out in the Remote Monitoring Equipment Handover Form.

7. Your information

Information collected through remote monitoring may include health readings and answers to questions you (or someone supporting you) provide.

Your information will:

- be handled confidentially
- only be accessed by authorised healthcare staff
- be used to support your care

Information will be processed in line with data protection law.

Anonymised information may be used to help FNHC review, evaluate, and improve the service. Further information about how your information is used can be found on the FNHC website Privacy Notice.

8. Stopping the service

You can stop taking part in remote monitoring at any time, without giving a reason.

Stopping will not affect any other care or support you receive.

If you stop:

- remote monitoring will end
- equipment will be returned or collected in line with the Equipment Handover Form

9. Consent

Please read and sign below to confirm your agreement.

I confirm that:

- I have received information about the FNHC remote monitoring programme
- I understand that taking part is voluntary
- I understand that the service is provided free of charge
- I understand that remote monitoring does not replace my usual or emergency care
- I understand that the service is not monitored continuously
- I have had the opportunity to ask questions
- I agree to take part in remote monitoring
- I agree to my information being used as detailed above

Patient / Representative name:

Signature:

Date:

If signing on behalf of the patient:

Relationship to patient:

FNHC staff member name:

Signature:

Date: