



Family Nursing
& Home Care

Start Well, Live Well, Age Well

Live Well at Home

**Remote health monitoring to
help you stay safe,
independent and supported.**



Luscii

an OMRON Healthcare Service



IMPACT
Jersey

Programme Funded by the Impact Jersey Caretech Grant

About the Remote Monitoring Programme

Remote monitoring allows you to check simple health readings from home, such as blood pressure, oxygen levels or temperature.

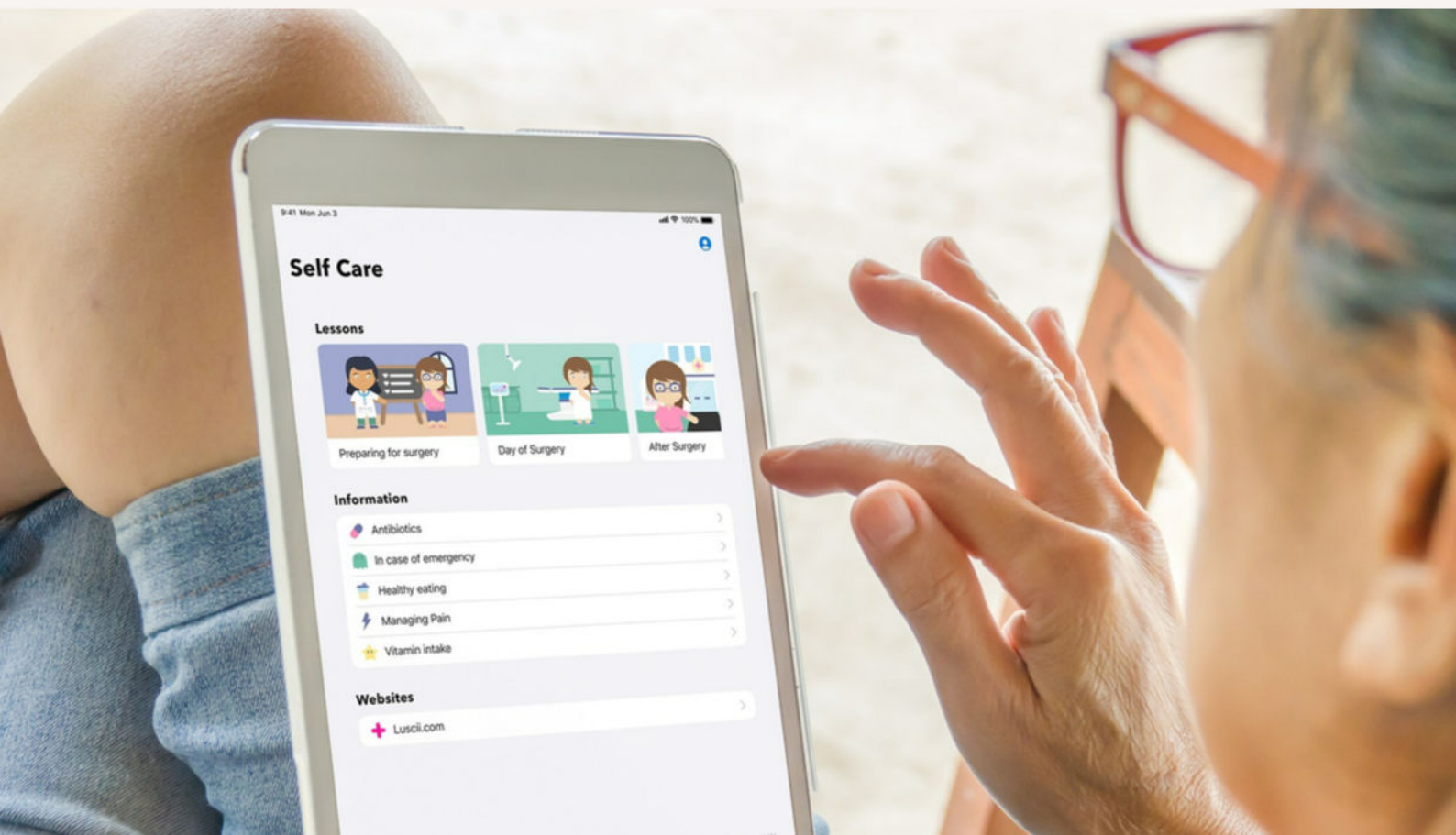
Your readings are sent securely to your healthcare team using a simple app. This helps them monitor your health and contact you if needed.

Family Nursing & Home Care is introducing remote monitoring as part of an innovative pilot programme designed to help people live well and remain independent at home.

The programme aims to identify changes in health earlier, provide reassurance, and support better care for Islanders living with long-term conditions.

Participation in the pilot is optional and free of charge. Your healthcare team will explain everything before you decide whether to take part.

By taking part, you will help us learn how remote monitoring can improve care for Islanders in the future.



How It Works

1 Receive your equipment

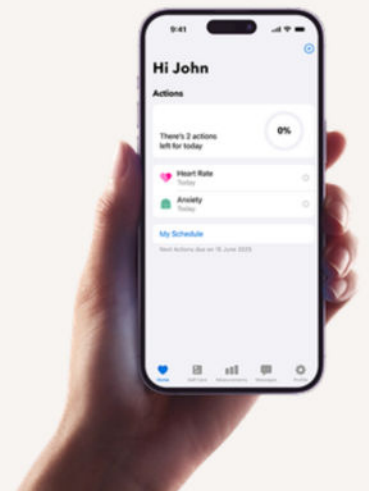
You will be given a blood pressure monitor, thermometer and oxygen monitor to use while you are on the remote monitoring programme.

If you don't have a smartphone, tablet or internet connection, we can provide a device for you.



2 Take readings at home

Enter your readings on the easy-to-use app, called Luscii on a tablet or smartphone. This usually takes just a few minutes, and is routinely done once a week.



3 Your readings are reviewed

Our team at Family Nursing & Home Care review your readings and contact you if support is needed.



Easy to use

You do not need to be confident with technology. Our team will show you how to use the equipment and support is available if you need help.

Benefits of taking part in remote monitoring

- Extra reassurance your health is being monitored
- Helps identify problems earlier
- Supports you to stay independent at home
- Helps your healthcare team provide the right care sooner
- You will help shape future healthcare services for Islanders

Interested?

You may be eligible to take part in the Family Nursing & Home Care Remote Monitoring Programme.

A member of our team may contact you to see if you would like to find out more about the programme.

Participation is optional and free of charge.

To learn more about remote monitoring, please visit:

<https://www.fnhc.org.je/how-we-can-help/remote-monitoring-project>

Or scan the QR code:

