

Who We Are:

Our Health Visiting team includes:

- Health Visitors
- Staff Nurses
- Health Practitioners
- Community Nursery Nurses
- Administration Staff

The team works geographically across Jersey.

Our Health Visitors are qualified nurses or midwives with specialist training in public health for children, young people and families. We are here to help you and your family during pregnancy, up to your child's first day at school, aged five.

Our Health Practitioners are experienced midwives with a specific set of qualities and experience. They have worked within the community setting and have extensive experience in working with families with various needs.

Our Community Nursery Nurses have undertaken National Nursery Examination Board qualifications or equivalent courses in child development.

What We Do:

We are here to provide support and advice, helping you feel more confident in your parenting skills and to provide the best opportunities for your children.

We can provide advice on healthy choices, such as:

- Breastfeeding (UNICEF Baby Friendly Initiative)
- Weaning
- Healthy eating

We work closely with parents to help promote strong family bonds and offer information to families with specific difficulties such as postnatal depression, domestic abuse or those with limited local family support.

We offer support and advice regarding:

- Your child's growth and development
- Common childhood infections and illnesses
- Immunisation
- Common skin problems
- Language development
- Early learning guidance
- Healthy eating
- Safety and accident prevention
- Behavioural difficulties including sleeping, eating, potty training

Our team work with a range of statutory and voluntary agencies to promote health and wellbeing of babies and children e.g. NSPCC, Freeda, Brighter Futures, Maternity and Children's Services, Perinatal Mental Health.

Health Visiting and MECSH:

Our team also support families through a scheme called MECSH (Maternal Early Childhood Sustained Home Visiting) .

MECSH is a structured programme of sustained nurse home visiting for families.

The MECSH programme enables mothers to focus on their babies' learning and development in order to maximise their children's potential.

It is delivered as part of a comprehensive, integrated approach to services for young children and their families from birth to two years.

Sharing your information:

To support your care needs, we need to work in partnership with you, your GP and other health care professionals or agencies involved in your care.

This means we may need to share your current and past medical history. This is done in strictest confidence.

Our Privacy Notice will help you understand what data we collect, why we collect it and what we do with it.

A copy of the Privacy Notice is available on our website www.fnhc.org.je or you can email dpo@fnhc.org.je to obtain a copy.

Your contact with the Health Visiting Service:

You can expect to receive contact from us in line with the recommendations of the UK Department of Health's 'Healthy Child Programme', as follows:

- in the antenatal period before you have a baby
- 10 - 14 days after the birth of your baby
- 6-8 weeks after you have had your baby
- at 4 months, to focus on introducing solid food
- a 9 - 12 month developmental assessment
- a 2 year developmental assessment
- a pre school developmental assessment

We also run drop-in Child Health Clinics, breastfeeding support groups and other Nursery Nurse-led support groups.

We support families when babies and children have additional health needs too.

How To Contact Us:

Health Visitor Duty Line:

Tel: 01534 497640 (Monday to Friday 9am – 3pm)

Email: hv@fnhc.org.ie

Our service is available Monday to Friday 8am – 6pm (except Bank Holidays).

At any other time, in a non-emergency, please contact your GP or 'out of hours' GP via the hospital switchboard on 01534 442000.

In an emergency call 999 for an ambulance.

Useful Resources:

Scan the QR code below to access lots of useful information for babies and children from birth to 5 years



Health Visiting Service

