

Who We Are:

Our School Nursing Team works across Jersey's schools to support children and young people from Reception through to Year 13.

We are here to support your child's health, happiness, and confidence by providing practical advice, early support, and trusted guidance for all families.

We work closely with families, schools and partner services to help every child feel healthy, supported and ready to learn.

Whether you have a question, a concern, or have noticed a change in your child's health, we are here to help and work with you to ensure your child receives the support they need to thrive.

What We Provide:

- Health advice for sleep, nutrition, hygiene and puberty
- Support for emotional wellbeing, worries, friendships and confidence
- Health checks including hearing, height and weight (Reception & Year 6)
- Medical care planning support for asthma, allergies and other long-term conditions
- Safeguarding support to help children feel safe

Here To Help:

We are here to support families and children with their everyday questions, growing-up worries and long-term health needs, such as:

- Sleep or bedtime struggles
- Fussy eating or nutrition questions
- Toileting or continence concerns
- Puberty or body change worries
- Anxiety, friendships or school stress
- New diagnoses or medication updates
- Referrals to other Jersey health services

Healthy School Day Tips:

- Good sleep routines support learning
- A balanced, healthy diet and snacks keep energy steady
- Fresh air and movement boost mood
- Open conversations build trust

Small everyday habits can make a big difference to your child's wellbeing, confidence and readiness to learn.

Your Information:

Family Nursing & Home Care aims to provide you with the highest quality of health and social care. To do this, we must keep records about you, your health and the care we provide or plan to provide.

Our Privacy Notice will help you understand what data we collect, why we collect it and what we do with it. This is important; we hope you will take time to read it carefully.

A copy of the Privacy Notice is available on our website www.fnhc.org.je or you can email dpo@fnhc.org.je to obtain a copy.

How To Contact Us:

The School Nurse Service accepts self-referrals and referrals from other services.

Call us: 01534 497620

Email us: schoolnurses@fnhc.org.je

Website: www.fnhc.org.je

We are available Monday to Friday 0900 – 17.00 (except bank Holidays).

Useful Resources:

Scan the QR code below to access lots of useful information for school age children:



School Nursing Service



June 2026